

Elements of Resilience

Element	Related Questions
Prevention	<ul style="list-style-type: none"> • Systems for prevention
Anticipation	<ul style="list-style-type: none"> • Actions in advance of a disaster to reduce its impact? • Early warning and early action systems • Information systems • Risk assessment
Adaptation	<ul style="list-style-type: none"> • Adjustments, modifications or changes that can be made on benefiting communities, institutions and organizations to moderate potential future damage (eg migration to urban areas for better medication, education etc) • Opportunities to continue functioning without major changes in function or structural identity
Absorption	<ul style="list-style-type: none"> • Systems / plans to persevere and maintain stability following disturbances? • Contingency planning • Coping mechanisms
Transformation	<ul style="list-style-type: none"> • Drastic / incremental change • Evidence-based advocacy • Policy change